

Instructions for Local Anesthesia

- If you are given prescriptions for pain medication and/or antibiotics please have them filled before the procedure and take the medication as directed. Start antibiotics one day before surgery. Pain medication should be taken with food one hour before your procedure.
- You may eat a light meal before your procedure.
- **Please arrive fifteen minutes before your scheduled time (one hour before the procedure if your having surgery at Saint Joseph Hospital).** Wear something comfortable and bring a CD if you would like to listen to your own music.
- Arrange for transportation if you are taking pain medication.
- Please let us know if you have any questions or concerns. Relax; you're in good hands.

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